



PRESCHOOL & KINDER READINESS CHECKLIST

A SIMPLE GUIDE TO HELP YOU UNDERSTAND YOUR CHILD'S DEVELOPING SKILLS.



SOCIAL & EMOTIONAL SKILLS

- ☐ Follows simple directions
- ☐ Takes turns and shares materials
- ☐ Plays alongside or with other children
- ☐ Uses words to express wants and feelings
- ☐ Separates from parent with minimal distress
- ☐ Begins solving small problems with support

EARLY LITERACY SKILLS

- ☐ Recognizes some letters (first letter of name)
- ☐ Shows interest in books and stories
- ☐ Can retell simple events or ideas
- ☐ Identifies pictures and objects in books
- ☐ Begins understanding that letters make sounds
- ☐



EARLY MATH SKILLS

- ☐ Counts 1-10 (or higher)
- ☐ Recognizes basic shapes (circle, square, triangle)
- ☐ Sorts objects by size, shape, or color
- ☐ Understands (bigger, smaller, more)
- ☐
- ☐

FINE MOTOR SKILLS

- ☐ Holds crayons, markers, or pencils with control
- ☐ Draws simple shapes and lines
- ☐ Uses scissors with supervision
- ☐ Stacks blocks and small objects
- ☐ Begins writing or tracing their name
- ☐

GROSS MOTOR SKILLS

- ☐ Runs, jumps, and climbs confidently
- ☐ Balances on one foot for a few seconds
- ☐ Throws and catches a soft ball
- ☐ Moves with coordination
- ☐
- ☐



INDEPENDENCE & LIFE SKILLS

- ☐ Uses the bathroom independently
- ☐ Puts on shoes, coat, or backpack
- ☐ Cleans up materials with reminders
- ☐ Manages simple routines (snack, transitions)
- ☐
- ☐